

# PARENTS – Do You Know Your Child’s Rights?



In North Carolina, anyone under the age of 18 does not need parent/guardian permission to receive:

**Contraceptive Services**  
(birth control)

**Information on abstinence & safer sex**

**Prenatal Care**  
(including pregnancy testing & ultrasound services)

**Treatment for alcohol & drug use**

**Treatment for emotional disturbance**

**Testing & treatment for STDs & HIV**

Minors can consent to these services on their own.

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We protect the confidentiality of the services listed on the other side, unless the life of the minor is at risk.

Services **NOT** included in this are abortions, sterilization services, and in-patient admissions.

Explaining to teens about their rights to confidential services increases care-seeking behavior on the part of teens.



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## The Role of Parents

Good care for teens includes validating the role of parents. The more parents understand about the need for confidentiality, the more supportive they become. Parents' biggest concerns regarding confidentiality are about mental health.

Practitioners at the Teen Wellness Centers value the role of parents and strive to include them in the care of their teens.

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Still not sure about which of our services are confidential?  
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TEEN WELLNESS  
TASK FORCE



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If you would like more information about the Cumberland County Department of Public Health's programs and services, health-related data, or community resources, please call 910-433-3600 or visit with someone at the information desk or visit our website at [www.cumberlandcountync.gov/health](http://www.cumberlandcountync.gov/health). The Health Department is located at 1235 Ramsey St. in Fayetteville. Dr. Jennifer Green, Public Health Director.

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